



STUDENTS OF 2018-2019 preparing dishes in practical class in Home Science Lab

Home Science as a subject is advantageous as it opens various avenues of professional courses. All the domains within the Home Science discipline provide ample scope of career opportunities which integrates the application of various sciences and humanities to improve human environment, family nutrition, management of resources and child development.

Home Science is an interesting subject and the students of our school enjoy studying it. The subject not only teaches them cooking and baking, but also the nutritive values present in the food. Moreover, it teaches them the art of managing household resources, growth and development of individuals, art of designing and health care. After pursuing Home Science in the Senior Secondary level, many of our students have gone for higher studies associated with this subject like Hotel Management, Fashion Design and Hospitality Management. It is quite satisfying for the teachers to see our students working as chef in renowned hotels.

While pursuing the subject the students get an opportunity to participate in various competitions organized by IIHM and other reputed institutes. The students have proven their dexterity in the events by bagging prizes.

PARTICIPATION IN IIHM 2019 by 2019-2020 Batch



PARTICIPATION IN IIMM 2019 by 2019-2020 Batch



Home Science students of 2020-2021 Batch



Poulami Ganguly, Batch 2018-2019 has expressed her journey from Home Science Lab of North Point to Hospitality Management

"I pursued Home Science in the Senior Secondary level. Now I am pursuing Hospitality Management. I loved studying the subject under the guidance of Saswati Madam. The subject has taught me the skills to lead a well-balanced life. It has helped me to master culinary skills and develop team work. The subject has taught me to confront tough situation with conviction and confidence."



Soham Dalal, Batch 2019 -2020

is now pursuing Hospitality Management.

"I am pursuing Hospitality Management. I had chosen Home Science and had received immense support and guidance from my Home Science teacher. The subject has given me the confidence to move forward in this field and I am confident to have a successful career in the field of Hospitality Management"

Ranit Mazumder, Batch 2019-2020 is now pursuing Hotel Management from IISHM. He has expressed how Home Science contents inspired to choose his career.

"Home Science includes many aspects like food and nutrition, food production and many more. But from all of these I got fascinated mainly by the food production related stream. So, I decided to choose my further future career in Bachelors of Hotel Management, IISHM, Kolkata".



Shanaz Parvin, Batch 2018-2019 has expressed her experience. Presently she is pursuing Fashion Designing.



"I am pursuing higher studies in Fashion Design. Home Science has given me sufficient exposure to take up this career. The subject has given me wide exposure in the world of textile, apparel designing and has helped me to develop aesthetic skills and analytical thinking".

Career Opportunities in Home Science

- Production Industry
- Tourism and service industry
- Healthcare industry
- Dietetics and Nutrition
- Teaching and research
- Self-Employment
- Textile and Clothing
- Resource Management



Preparation for a career

- Can Pursue B.Sc. in Home Science for 3 years
- Pursue M.Sc. Home Science (Specializations in Food and Nutrition, Family Resource Management, Apparel and Textile Science, Extension and Communication Management and Human Development) for 1-2 years
- Post Graduation Diploma in Dietetics
- Hotel Management
- Short term certificate, craft and diploma courses at various institutes/colleges in different states, as well as at the Central Food Technological Research Institute [CFTRI], Mysore.
- Post graduate courses in specialised aspects of Food Processing and Technology.
- Degree in Human Development And Child Psychology
- Post Graduate in Early Childhood Education
- Certificate course in 'Early Childhood Special Education
- Bachelor's degree in special education after any graduate degree
- A Master's degree in Disability Studies
- Certificate Programme in NGO Management
- Diploma in Youth Development Work
- Certificate or diploma degree programmes in fashion merchandising can usually be completed in 6 months to 1 year.
- Fashion Merchandising related degrees are 2-year Master's programmes
- Bachelors' degrees in fashion design or fashion merchandising are 4-year programmes

- The most basic are Certificate programmes which are for a period of a few weeks to a few months. These are offered by numerous bodies, both private as well as under the state/central government across the country. The next levels are Diploma programmes offered from a period of 1 year to 3 years. Degree programmes of 3-4 years are offered by selected institutes

across the country. There are also engineering programmes that offer 'Apparel Production' as a specialisation choice.

- National Museum Institute of History of Art, Conservation and Museology (NMIHACM) is a deemed university under the Ministry of Culture, Government of India, located in the National Museum, New Delhi. The university offered specialised courses in History of Art,

Conservation and Restoration of works of art, Museology, leading to the award of M.A. and Ph.D. degrees.

- The Delhi Institute of Heritage Research and Management; the Lucknow-based National Research and Laboratories of Conservation; and institutes run by Indian National Trust for Art and Cultural Heritage (INTACH) offer a number of short-term courses in art conservation.
- Departments of Fabric and Apparel Science/Textiles and Clothing/Textile Science and Apparel Design under the faculties of Home Science at various universities offer courses related to Textile Conservation (e.g., University of Delhi) in Postgraduate programmes that include the study of Textile Documentation and Conservation in theory and practical that prepare the students adequately to work in museums in various capacities.
- HRM courses are offered at both degree and diploma level by various universities, deemed universities, private colleges and other institutes
- There are various catering and hospitality management courses offered starting from certificate to degree courses.
- B.Sc. Family Resource Management/B.Sc. Home Management/B.Sc. Resource Management
- Diploma in Public Relations Management

Career Avenues as various Professionals:

- Can become Clinical Nutritionist and Dietitian
- Can become Community nutritionist in PSM departments of hospitals
- Nutrition programmes of the Govt. e.g., ICDS, Food and Nutrition Board
- In voluntary organisations (regional, national and international) as nutritionists
- As consultants
- Nutritionists or counsellors for schools, industries, etc.
- In catering industry as Food Service Supervisor, Cafeteria

- Manager, Catering Manager, Production Manager, Purchase
- Manager and Food Service Director /Asst Food Service Director
- As chefs in hotels, speciality restaurants
- In charge of school, industrial and hospital canteens
- Catering in amusement parks, catering in national, state, and regional parks, catering for adventure / eco-tourism, catering for theme parties, product launches, banquets, official functions
- In media shows
- Own entrepreneurial ventures
- Specialists in Cuisinology
- Writing for magazines, newspapers and media shows
- Production Managers in Food Processing Industry
- Project Implementation Executive in Food Processing Industry
- Marketing and Sales Personnel in Food Processing Industry
- Sensory Evaluation Personnel in Food Processing Industry
- Quality Assurance in Food Processing Industry
- Research and Development, Product Development in Food Processing Industry
- Project Financing in Food Processing Industry
- Project Appraisal in Food Processing Industry
- Quality Control Laboratories in food industry as analysts or at managerial level
- Food testing laboratories in public and private sector — various positions including food inspectors, food testing
- Specialist in Hazard Analysis in Critical Control Point
- Food Auditors
- Quality Certification such as ISO
- Professionals to plan and promote campaigns or services for young children organised by Governments or NGOs
- Career Counsellors
- School Counsellors
- Family Counsellors
- Marriage Counsellors
- Life Skills Trainer
- Counsellors for Child Guidance
- Special educator
- Textile designers
- Visual Merchandise Designers
- Fashion Designers
- Set Designer
- Interior Designer

- quality inspector or a production supervisory assistant in the garment industry
- There are also career avenues in shop floor management, production planning, quality assurance, industrial engineering
- Conservation Assistants
- Corporate HR Manager
- Recruitment Consulting
- HR Consulting Career Counselling
- Job Opportunities in various Hotels and Hospitality Industry
- Work in government organisations like Bureau of Indian Standards, Directorate of Marketing and Inspection, Ministry of Consumer Affairs in various decision making managerial and technical positions.
- Work in voluntary consumer organisations for product testing, creating consumer awareness, consumer education.
- Work in the Consumer division of corporate houses which deal with consumer complaints and consumer suggestions
- Work with market research organisations in areas of consumer behaviour, product reach, consumer acceptance of new products, consumer feedback and suggestions.
- Work in National Consumer Helpline for doing consumer counselling, helping people in getting redressal to their complaints.
- Work as consultants to consumer clubs being run by schools and colleges such as managing and planning their educative and outreach activities, taking up teaching assignments in schools and colleges in the area of consumer studies. You can also function as a freelance consultant for redressal guidance through consumer courts and other alternative redressal mechanisms.
- Work with the Department of Audio-visual Publicity as content developer for their advertisements dealing with consumer awareness and education in the print and electronic media.
- Work as an analyst in consumer testing laboratories for comparative evaluation of products.

You can become consumer activists, and with legal training can plead cases in Consumer Protection Courts.
- PR officer