

C.W Ch-6 How Our Body Works

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Fill in the blanks :-

1. Our body is a wonderful machine.
2. Our body has two types of organs — external organs and internal organs.
3. Brain is inside our head.
4. The heart pumps blood to all parts of the body.
5. Lungs take in oxygen and give out carbon dioxide during breathing.
6. Stomach digest the food we eat.
7. Our body is made up of bones and muscles.
8. Our body needs exercise to keep fit.
9. Our brain helps us to think.
10. The lungs work like two air bags.

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Name them :-

1. Name three sense organs eyes, ears and nose
2. Name two external organs hands and legs
3. Name three internal organs brain, heart and lungs.
4. Two things our body is made up of muscles and bones
5. Two things our body needs food and water
6. I help you to chew the food teeth.
7. I help you to taste tongue.
8. Name two types of exercises to keep our body fit cycling and swimming.
9. Two things brain help us to do think and learn.
10. Two ways to keep our body healthy and fit proper rest and healthy food.

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Q1) What are internal organs?

Ans) The organs that work all the time inside our body are called internal organs. e.g. brain, heart etc.

Q2) How does brain help us?

Ans) The brain controls all the organs of our body. It helps us to think, learn and remember.

Q3) Write the function of heart.

Ans) The heart pumps blood to all parts of the body

Q4) What does the stomach do?

Ans) The stomach is a muscular bag that digests the food we eat.

Q5) Why do we need to exercise?

Ans) We need to exercise to keep our bones and muscles fit, strong and healthy. Exercise helps all the parts of our body to work properly.

q/w

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State True or False :-

1. The brain helps us to breathe - False
2. Our body is made up of steel - False
3. The lungs take in oxygen and give out carbon dioxide - True.
4. Our body needs rest after work - True
5. The stomach is like a muscular bag - True
6. The heart helps us to remember - False.

Matching

1. Our body
2. Exercise
3. Heart
4. Internal organ
5. rest

pumps blood
sleeping
walking
machine
stomach